## PREVALENCE OF OTITIS EXTERNA IN DOGS

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**Abstract**: Inflammation of the skin and the sub dermis of the external ear canal including ear pinna are common among the dogs with ear infections. A study was conducted in Department of Veterinary Medicine, Hebbal, Bangalore to determine the prevalence of Otitis externa in dogs based on age, breed, gender, ear type and season. The prevalence of Otitis externa accounted for 1.33 per cent & 52.47 per cent among the total dogs presented and dogs with ear diseases respectively. The age-wise distribution of Otitis externa was found to be highest in age group of 1 to 4 years, breed distribution of Otitis externa was highest in Non-descript and Labrador Retriever. Male dogs were affected most in comparison with female dogs. Dogs with drop ear type (pendulous) were most affected followed by prick (erect) and intermediate (semi-erect) ear types. The seasonal prevalence of Otitis externa was highest during rainy, followed by winter and summer.

**Keywords:** Otitis externa, prevalence, dogs, age, breed, gender, ear type and season.

## **INTRODUCTION**

Otitis is inflammatory condition of the ear with Otitis externa being chronic inflammation of the external ear canal. The condition is distinguished by erythema, pruritus, discharge of varying colour and viscosity as well as unpleasant odours. It is caused by a variety of aetiology including bacteria, fungi, parasites and yeast. The current study documents the prevalence of Otitis externa in dogs.

### MATERIALS AND METHODS

Dogs irrespective of age, breed and gender presented to Veterinary Hospital, Veterinary College, Hebbal, Bengaluru during study period December 2010 to November 2022 (Retrospective study period: 1.12.2022 to 31.05.2022 & Current study period:01.06.2022 to 30.11.2022) with clinical signs suggestive of Otitis externa were considered for the study. Appropriate animal data was gathered and the prevalence was calculated. Dogs were categorised into the following age groups like <1 year, 1 to 4 years, 4 to 7 years, 7 to 10 years and > 10 years as described by Khan *et al.*, (2019). Ear types were categorised into drop type *Received March* 25, 2023 \* *Published April* 5, 2023 \* *www.ijset.net* 

(pendulous), intermediate type (semierect) and prick type (erect) as described by Masuda *et al.*, (2000). Similarly Season was categorised into Summer (March-June), Rainy (July-October) and Winter (November-February) as described by Choudhury, (2014).

### **RESULTS & DISCUSSION**

A total of 1008 dogs of different age, breed and gender were diagnosed for Otitis externa based on the history and clinical signs. The prevalence of Otitis externa was found to be 1.33 per cent among all the dogs and 52.47 per cent among the dogs with different ear diseases. Similarly, Pradhan (2016) and Barua *et al* (2021) have reported prevalence of 0.62 per cent and 2.11 per cent respectively (Table 1). Otitis externa varies with geographical location also due to the fact that owners are unable recognise the mild cases during the initial period.

All the age groups of dogs are affected with the Otitis externa in the current study. Dogs less than 1 year, 1 to 4, 4 to 7, 7 to 10 and >10 year age have recorded the prevalence of 13.89%, 30.95%, 19.05%, 27.18% and 8.93% respectively (Table 2). Age of the dog does not have any significant influence on the prevalence of Otitis externa as all the age groups of dogs have been affected in the study similarly; Zur et al. (2011) have reported that occurrence of Otitis cannot be predicted by age group of the dogs.

The occurrence of Otitis externa among Non-descript, Labrador Retriever, Shih-Tzu, Pug, German Shepherd, Golden Retriever, Pomeranian, Cocker Spaniel, Dachshund, Bull dog, Siberian Husky, Rottweiler and Lhasa apso in the current study indicated 20.03%, 18.35%, 11.81%, 10.62%, 10.32%, 8.23%, 5.06%, 4.27%, 3.47%, 2.28%, 2.08%, 1.89% and 1.59%, respectively (Table 3). The highest prevalence of Otitis externa among Non-descript dog breeds may be because of the are outnumbered population compared to other breeds of dogs or erect ears which are exposed to environmental factors (Mhatre., 2005 & Kashyap., 2017). The proportion of Male to female dogs affected for Otitis externa in the present study was 57.34% and 42.66% respectively (Table 4). Similar observations were made by Chaudhary and Mirakhur (2002). Male dog susceptibility for Otitis externa could be because male sex hormones tend to stimulate sebum production, which appears to be a risk factor for the precipitation of the infection on the contrary oestrogen in females, elicits the opposite response (Kumar et al., 2014).

The occurrence of Otitis externa among drop, intermediate and prick type of ears was 47.72%, 24.21% and 28.07%, respectively (Table 5). Several researchers have reported drop [pendulous] ear type dogs are more susceptible to Otitis externa as compared to prick [erect] and intermediate [semi erect] ear type (Bernardo et al., 1998; Cunha et al., 2003; Lakshmi

and Tirumala Rao., 2013). This higher susceptibility is attributed to anatomical conformation of the ear (shape of pinna & concave aspect of the pinna) as well as the available quantity of hair within the canal and the amount of glandular material within lumen of ear canal (Hayes et al., 1987; Sharma and Rhoades 1975).

Summer, Rainy and Winter season influence on the occurrence of otitis externa was in the current study was 25.30%, 41.87% and 32.83% respectively. Grono (1969), Baxter and Lawler (1972) did not observe any correlation between season and incidence of Otitis externa. However, Kim and Choi (1999) and Dana (2005) have reported the higher incidence of Otitis externa in rainy season. The higher prevalence of Otitis externa in rainy season might be due to the increase in the humidity, temperature and moisture intern altering the microenvironment in the ear canal (Chaudhury and Mirakhur, 2002).

Table 1. Prevalence of Otitis externa in dogs.

Prevalence	Retrospective study (n=56965)	Current study (n=19196)	Total cases (n=76161)
Ear diseases	720	193	913
Otitis externa	733	275	1008 (1.33%)
	1453	468	1921 (52.47%)
P value	0.084 <sup>ns</sup> , Chi-square 2.97		

Table 2. Age-wise distribution of Prevalence of Otitis externa.

Age group	Retrospective study	Current study	Total
	(n=733)	(n=275)	cases(n=1008)
< 1 year	95 (12.96%)	45 (16.36%)	140 (13.89%)
1-4 year	230 (31.38%)	82 (29.82%)	312 (30.95%)
4-7 year	135 (18.42%)	57 (20.73%)	192 (19.05%)
7-10 year	208 (28.38%)	66 (24.00%)	274 (27.18%)
> 10 years	65 (8.86%)	25 (9.09%)	90 (8.93%)
P value	0.874262 <sup>n</sup>	S Chi-square 3.80:	51

Table 3. Breed-wise distribution of Prevalence of Otitis externa.

Breed	Retrospective study (n=733)	Current study (n=275)	Total cases (n=1008)
Non-descript	147 (20.05%)	55 (20.00%)	202 (20.03%)
Labrador Retriever	135 (18.42%)	50 (18.18%)	185 (18.35%)
Shih-Tzu	87 (11.87%)	32 (11.64%)	119 (11.81%)
Pug	78 (10.64%)	29 (10.55%)	107 (10.62%)
German Shepherd	76 (10.37%)	28 (10.18%)	104 (10.32%)
Golden Retriever	60 (8.19%)	23 (8.36%)	83 (8.23%)
Pomeranian	37 (5.05%)	14 (5.09%)	51 (5.06%)
Cocker Spaniels	31 (4.23%)	12 (4.36%)	43 (4.27%)
Dachshund	25 (3.41%)	10 (3.64%)	35 (3.47%)
Bull dog	17 (2.32%)	6 (2.18%)	23 (2.28%)
Siberian Husky	15 (2.05%)	6 (2.18%)	21 (2.08%)
Rottweilers	14 (1.91%)	5 (1.82%)	19 (1.89%)
Lhasa apso	11 (1.50%)	5 (1.82%)	16 (1.59%)
P value	1 <sup>ns</sup> Chi-square 0.2403		

Table 4. Gender-wise distribution of Prevalence of Otitis externa.

Gender	Retrospective study	Current study	Total cases
Male	415 (56.62%)	163 (59.27%)	578 (57.34%)
Female	318 (43.38%)	112 (40.73%)	430 (42.66%)
Total	733	275	1008
P value	0.448 <sup>ns</sup> Chi-square 0.577		

Table 5. Prevalence of Otitis externa based on ear types in dogs.

Ear types	Retrospective study (n=733)	Current study (n=275)	Total cases (n=1008)
Drop (n=481)	349 (47.61%)	132 (48.00%)	481 (47.72%)
Intermediate (n=244)	204 (27.83%)	40 (14.55%)	244 (24.21%)
Prick (n=283)	180 (24.56%)	103 (37.45%)	283 (28.07%)
P value	<0.00001 <sup>s</sup> Chi-square 26.4368		

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